



Who I am as an Executive Coach

I strongly believe that the most important task of a senior leader is to create an environment for people to grow. As such, I have always enjoyed working with people and supporting them on their individual development. It is my **passion for people development**, which made me change from a corporate leadership career into executive coaching.

As an Executive Coach I enjoy working with leaders on their individual development. Topics of my work include **leadership development, intercultural leadership, transition coaching** for leaders assuming new roles and **executive sparring**. In an intensive learning process, I will encourage my coachee to leave comfort zones and support her/him in identifying and trying alternative approaches to push boundaries.

I have **coached leaders with very different cultural and educational backgrounds**, spanning individuals from Europe, North and South America, Asia, Middle East and Africa. My client segments include **leading industry corporations, international law firms and management consultancies**.

As an **Ashridge Accredited Executive Coach** (Hult International Business School), I use theories from areas like relational coaching. My **approach is highly individualised to the objectives of my coaching client**. Typically, in a series of 6 – 8 confidential sessions we will explore a coachee's specific situation, feelings and challenges with the intention to understand and learn from them.

I can enrich my executive coaching sessions with my own international experience as a senior leader. Within the Bayer Group as a Business Unit Head and earlier as a Partner with Accenture Management Consulting, I held **senior management positions with international business accountability up to global Executive Committee level**.

During my professional career I **lived in Germany, India and China**, respectively. International projects and leadership roles made me regularly travel to more than 40 countries on 5 continents.

My educational background includes a **Masters in Executive Coaching**, an **MBA** and a **Masters in Biology**.

Qualification

Internationally experienced Executive Coach with long lasting track record as a senior business leader

Coaching areas

- Leadership Development
- Intercultural Leadership
- Transition Coaching
- Executive Sparring

Coaching languages

- English
- German

Coaching sessions

either face-to-face
or by videoconference

Contact

Mobile Phone **+49. 178. 881 42 50**

eMail **alexander@meyeraufderheyde.com**

www **www.meyeraufderheyde.com**

Location Working internationally – based in Leverkusen / Cologne area, Germany